

## GARDEN THERAPY COMMITTEE 2023

The president will appoint a garden therapy committee chair at the beginning of their terms. The chair will appoint members to assist in organizing projects and enlisting volunteers to complete the tasks listed below.

Garden therapy committee responsibilities:

- Coordinate with the sunshine committee for a list of members that are struggling in garden upkeep if they have issues with mobility or an illness that keeps them from gardening.
- Use garden related activities to aid in recovery and rehabilitation of homebound, nursing home residents or special needs students by involving them in activities that include gardening, field trips, floral design or passively by presenting floral arrangements, hospital decoration and holiday treats.
- Arrange seasonal (Christmas, Easter) floral basket making events at the various assisted living facilities to engage their residents to make floral basket arrangements (that they keep) and build relationships at the same time.
- As needs arise enlist the club to volunteer with various projects at the assisted living facilities. This may include working with the residents or supporting them with gifts during the holidays and planting flowers at the facility.
- Communicate with the publicity committee to get articles about the clubs work with assisted living facilities in the newspaper.
- Communicate with the awards committee to see if any activities (active therapy or passive therapy) are eligible for an award.